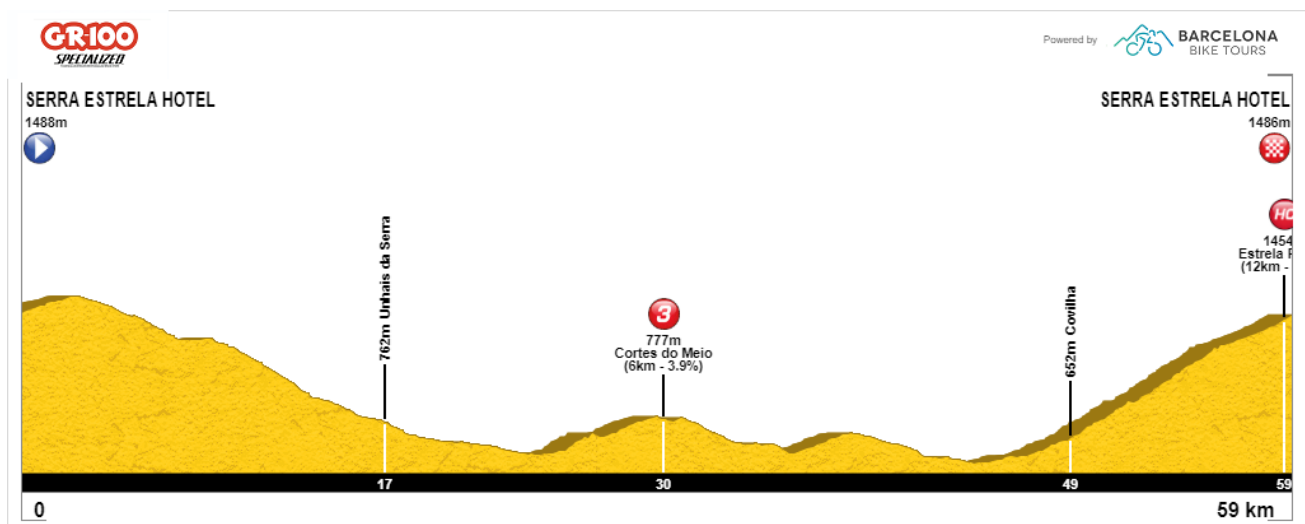


SERRA DA ESTRELA 2020 : Septembre 10th – September 13rd

Serra da Estrela Tour is a 3 loop stages route through secondary roads, no traffic and through the most famous mountains of Portugal in the Serra da Estrela.

Date: From September 10th to 13rd at the Balneario Luna Hotel 4**** at the Ski Resort with an altitude of 1500 meters..

We will ride through the famous climbs of the area and its most emblematic locations: Vide, Loriga, Covilhã, Manteigas, ...



In this PDF you will find detailed and important information about the trip, and it will help you to prepare the travel logistics involved on it:

The trip consist in 4 days, 3 nights, 3 stages with 300kms and 8000 meters positive.

START DAY OF THE TRIP: 10th of September (From 3pm in Luna Hotel Serra da Estrela).

Presentation of the event at 7pm and dinner at 8pm.

Start day of the route: 11st of september – Stage 1.

End day of the route: 13rd of september – Stage 3.

END DAY OF THE TRIP: 13rd of septiembre at 2pm approx, shower in spa and final lunch.

PRICE OF THE TRIP:

- **450€** - riders: 5% discount for BCN Bike Tours clients y groups from 4 riders.
- **300€** - companions.

MAX. NUMBER OF RIDERS: 50.

More info on: <https://www.bcnbiketours.com/en/routes/serra-estrela>

WHAT IS INCLUDED IN THE PRICE

- 3 loop stages: From 11st to 13rd september.
- 3 noches (Noches del 10, 11 y 12 de septiembre) en Hotel Luna Serra Estrela 4**** estrellas en habitación compartida y media pensión: Cena + Desayuno.
- Last lunch and shower in spa after last stage.
- Feeding stations along the route with refreshments, energy gels, energy bars, cooked pasta on the day, ham, cheese, fresh fruit, dried fruits and local food.
- Support vans providing logistic and mechanical support by GR-100.
- Professional guides riding with you at all times.
- Tracks of the route
- Professional photography services.
- Event Jersey



OPTIONAL SERVICES NOT INCLUDED IN THE PRICE

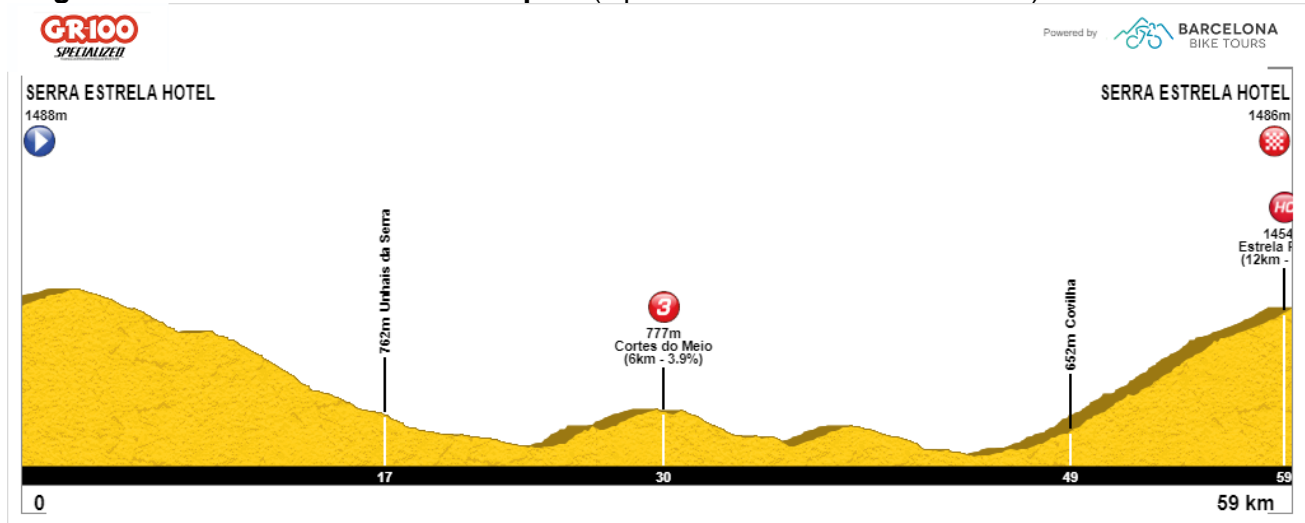
- Single room supplement: **120€**
- Massage services at the end of each stage (Contact us).
- Bianchi carbon ultra bike rental service: **150€** for the whole trip.

WHAT IS NOT INCLUDED IN THE PRICE

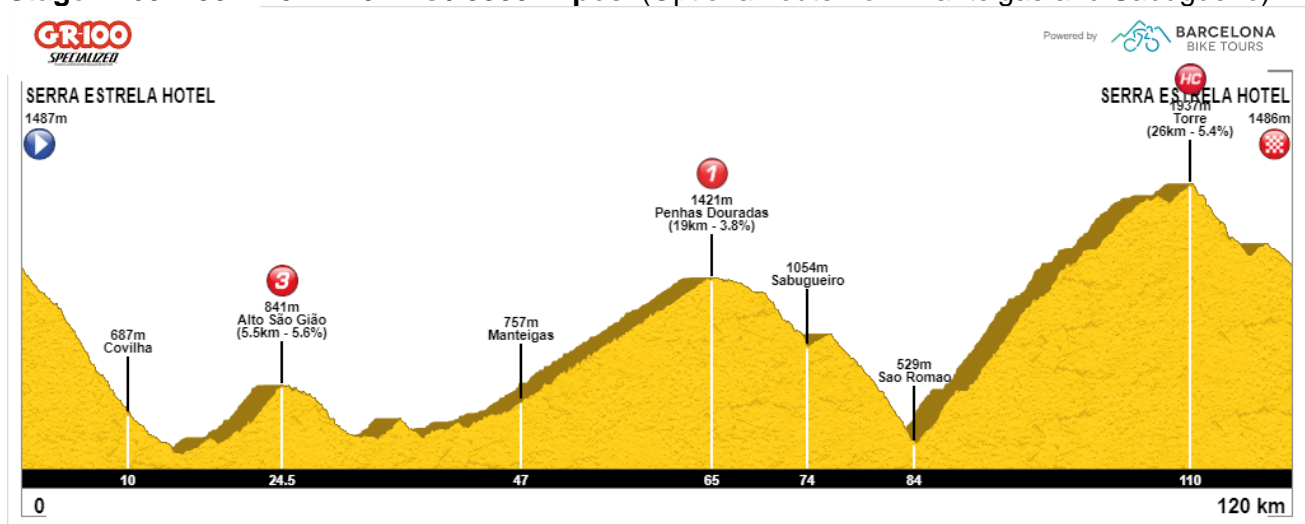
- Extra activities in the hotel (Minibar drinks).
- Spare parts that you might need for your bike on route (chains, spare tubes, derailleurs). If you rent a bike with us, you don't need to worry about this.
- Mandatory travel and accident insurance covering road bike tour activities. If you don't have one, we can provide you with one, the Price is **25€** for the whole trip.

STAGES

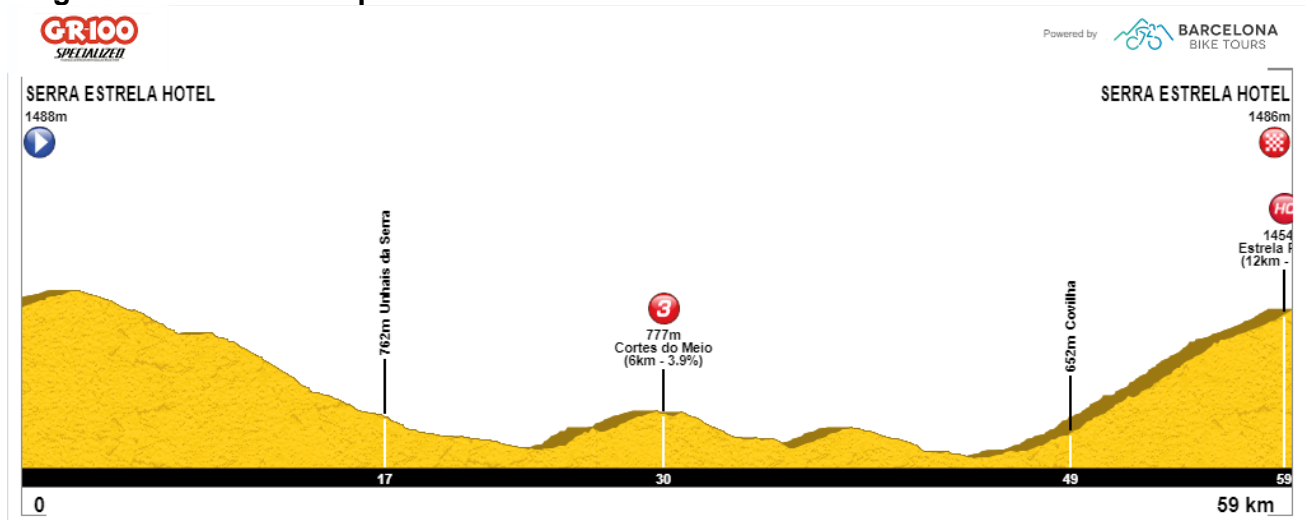
Stage 1: 115 + 10 = 125Kms / 3100m. pos. (Optional: Last climb from Covilha).



Stage 2: 60 + 50 + 10 = 120Kms / 3300m. pos. (Optional route from Manteigas and Sabugueiro).



Stage 3: 60Kms / 1600m. pos.



FAQ

¿Is SERRA ESTRELA Tour a race?

No, it's a 3 stage bike tour with no times or ranking. Each one will ride at its own pace with the group he finds comfortable with group levels.

Which cycling level do I need to have to participate in the event?

Serra Estrela Tour is a challenging route. If you go out every weekend with your club rides and you are at least an average cyclist, you will have no problem finishing the route.

Is it possible to get lost?

The staff will provide you with an emergency contact numbers. As well you will have the track of the route in your garmin. If we see that you are missing, we will send our vans for you immediately.

Do I need to bring with me any food?

You don't need to, everything is included in the trip. Breakfast and dinners are included in the hotels, and our feeding stations have everything you might need: water, coke, energy drinks, energy gels, bars, coffee, fresh fruit, dried fruits, sweets, cooked pasta, sandwiches...

What happens if I have a mechanical problem?

We have a mechanic in case you have a problem with your bike. In case there was a more important issue with your bike, we will carry a couple of spare bikes just in case.

Do I need accident travel insurance?

Yes you do, and it is mandatory. Your travel insurance must include bike tour as an included activity. If you don't have one, we will provide you with a quote for insurance for the route

How do I pay for the trip?

Once you have made your booking through our website, we will send you our bank details to proceed with the payment.

Can I bring some companions?

Yes you can, but we have limited spaces for them. Contact us for more detailed information.

How is a day in Serra Estrela Tour?

Breakfast is usually at 7-8am

The start of the stage at 9am.

At mid morning, you will enjoy the big feeding station.

The stage usually finished at 3-4 pm.

At 8pm you will enjoy dinner and get ready for the next day.

