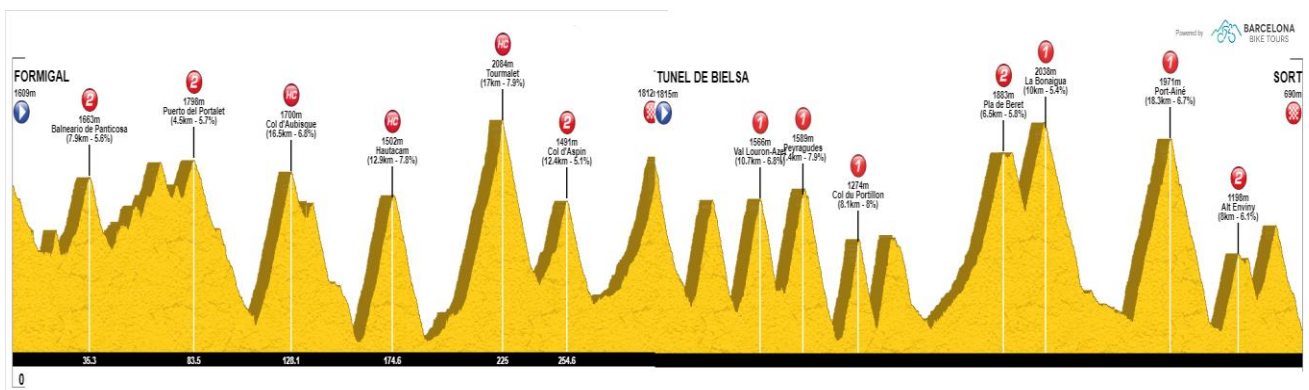
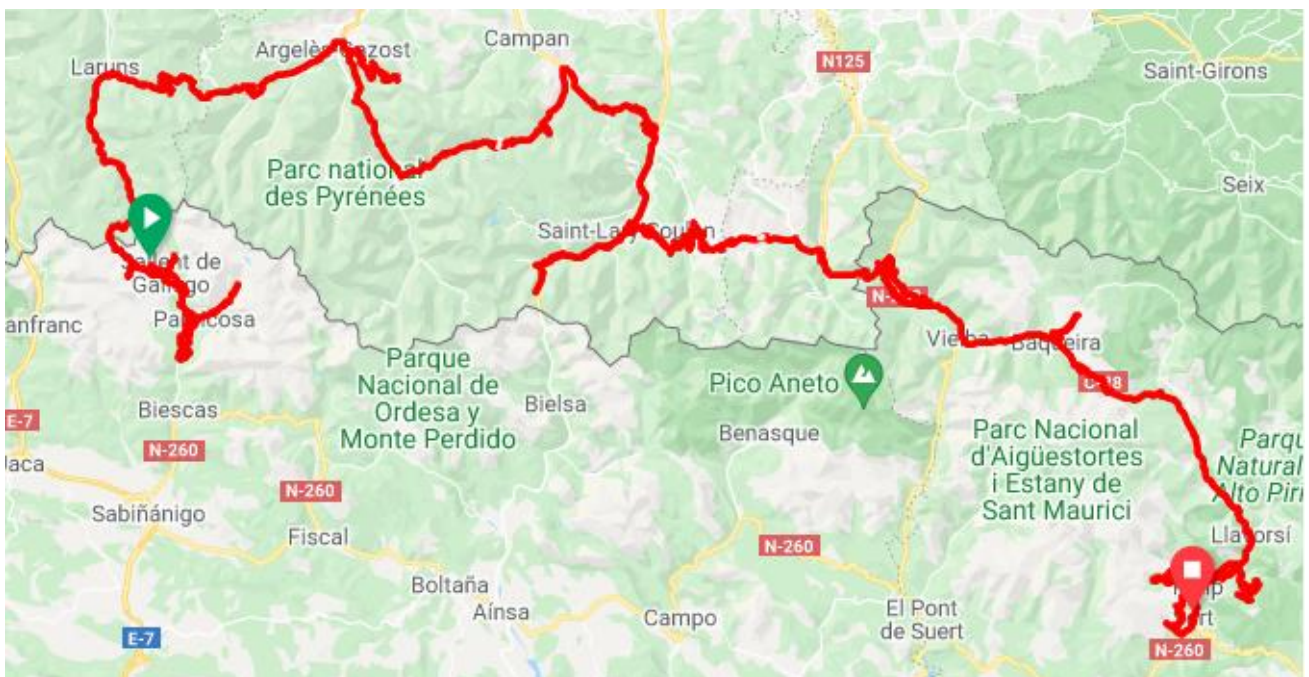


## EPIC PYRENEES + TOUR DE FRANCE EXPERIENCE 2022:

July 16th – July 23th

Epic Pyrenees is a 7 stage bike tour crossing the French and Spanish Pyrenees, riding over famous mountain passes like Tourmalet, Aubisque, Aspin, Peyragydes, Bonaigua or Formigal amongst many others.

**We will finish seeing the pros in the queen stage of the 2022 Tour France in Peyragudes.**



In this PDF you will find detailed and important information about the trip, and it will help you to prepare the travel logistics involved on it:

Consist in **8 days, 7 nights, 7 stages: 630kms / 20 mountain passes /16500 meters climbing.**

START DAY OF THE TRIP: Lunchtime 13:00, 16th of July in our headquarters: Eroica Caffè Barcelona (C/ Consell de Cent, 350)

START DAY OF THE BIKE TOUR: Morning, 17th of July in Formigal

END DAY OF THE BIKE TOUR: 23th of July in Sort at afternoon.

END DAY OF THE TRIP: 23th of July in Barcelona center 20:00

NUMBER OF HOTELS NIGHTS INCLUDED:7, From the night of 16th of July to night of 22th.

NUMBER OF RIDING STAGES: **7 STAGES.**

PRICE OF THE TRIP: **1895€**

MAX NUMBER OF PARTICIPANTS: **25** .

More info on: <https://www.bcnbiketours.com/en/routes/epic-pyrenees>

### WHAT IS INCLUDED IN THE PRICE

- 7 nights in 4\* hotels in half board: Breakfast and dinner.
- Feeding stations along the route with refreshments, energy gels, energy bars, cooked pasta on the day, ham, cheese, fresh fruit, dried fruits and local food.
- Support vans providing logistic and mechanical support.
- Professional guides riding with you at all times.
- Transport of your luggage from hotel to hotel.
- Tracks (This route requires cyclists to have GPS devices to follow the route).
- Professional photography services.
- TOP Santini Jersey.



### OPTIONAL SERVICES NOT INCLUDED IN THE PRICE

- Bianchi 11 speed ultegra carbon frame rent: **300€** for the whole trip (Included transport from/to Barcelona).
- Massage services at the end of each stage (Contact us).
- Single room supplement: **300€**.

### WHAT IS NOT INCLUDED IN THE PRICE

- Flights.
- Extra activities in the hotel (Minibar drinks).
- Spare parts that you might need for your bike on route (chains, spare tubes, derailleurs). If you rent a bike with us, you don't need to worry about this.
- Mandatory travel and accident insurance covering road bike tour activities. If you don't have one, we can provide you with one, the Price is **50€** for the whole trip.

## TRAVELING PLAN (PROVISIONAL)

### FLIGHTS

You will need to plan your trip so you can be in **Barcelona Center (C/ Consell de Cent, 350)** **before 13:00 16th july.**

16th of july at 14:00 we will depart to Formigal participants, luggage and bike luggage, so you need to make sure your flight arrives with enough time ahead.

Once you are in Formigal, you will not need to worry about anything else until the end of the route.

**23th of july at 17:00**, we will depart from Sort to Barcelona center. The estimated arrival time is 20:00, so you will need to have your flights booked from that time or spend the night in Barclona.

### CAR

If you are travelling in your own car, you will leave it parked in Andorra and find an alternative transport to Formigal.

### BIKE RENTAL

You will have the option to rent with us a Bianchi Carbon 11 Speed Ultegra. The cost is **300€** for the whole route including the transport from Barcelona. We have limited number of bikes so contact us as soon as possible.



### MASSAGES

We will have massages service at the end of each stage. This service will be paid directly to the soigneur. The number of spaces per day is limited and the booking needs to be done at least with 24 hours notice.

## **FAQ**

### **Is EPIC PYRENEES a race?**

NO it's not. Epic Pyrenees is a 8 stage bike tour with no times or ranking. Each one will ride at its own pace with the group he finds comfortable with group levels.

### **Which cycling level do I need to have to participate in EPIC PYRENEES?**

Epic Pyrenees is a challenging route with a lot of climbing. If you go out every weekend with your club rides and you are at least an average cyclist, you will have no problem finishing the route. There will be 3 group levels to cater all abilities.

### **Is it possible to get lost?**

It is very unlikely, but it could happen! The organization will provide you with an emergency card with a map and emergency contact numbers in case that happens. As well you will have the track of the route in your garmin. If we see that you are missing, we will have our vans searching for you immediately.

### **Do I need to bring with me any food?**

You don't need to, everything is included in Epic Pyrenees. Breakfast and dinners are included in the hotels, and our feeding stations have everything you might need: water, coke, energy drinks, energy gels, bars, coffee, fresh fruit, dried fruits, sweets, cooked pasta, sandwiches...

### **What happens if I have a mechanical problem?**

We have a mechanic in case you have a problem with your bike. In case there was a more important issue with your bike, we will carry a couple of spare bikes just in case.

### **Do I need accident travel insurance?**

Yes you do, and it is mandatory. Your travel insurance must include bike tour as an included activity. If you don't have one, we will provide you with a quote for insurance for the route.

### **How do I pay for the trip?**

Once you have made your booking through our website, we will send you our bank details to proceed with the payment.

### **Can I bring some companions?**

Yes you can, but we have limited spaces for them. Contact us for more detailed information.

### **How is a day in Epic Pyrenees?**

Breakfast is usually at 7-8am

The start of the stage at 9am.

At mid morning, you will enjoy the big feeding station.

The stage usually finished at 3-4 pm.

At 8pm you will enjoy dinner and get ready for the next day.